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Board member or Bored member?

## Who am I to be standing here?

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Because I wanted to.....

- Voluntary Organisations Network North East
- Tyneside Women's Health Project
- Shiremoor Citizens Advice Bureau

## Who am I to be standing here?

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Because of the day job.....

- Community Foundation serving Tyne & Wear and Northumberland
- Citizens Advice

## What I believe

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Every organisation should be led and controlled by an effective Board of trustees which **collectively** ensures delivery of its **objects**, sets its strategic **direction** and upholds its **values**.

## What do I know?

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- Do it for the right reasons
- Do it until it becomes a chore
- Know when to leave
- Don't answer the phones for more than two months

## What do I know?

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- Treasurers are lonely
- Get and accept help when things are tough
- The 70:30 rule for talking at meetings
- Empathise but.....

## What do I know?

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- Use the service or run the service?
- Who funds you?
- What would you say to Jeremy Paxman

## In short.....

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Give what you have to offer  
Get what the organisation needs  
Or  
Get Off